

## Tourism

Massachusetts Office of Travel and Tourism

10 Park Plaza, Boston (617) 727-3201

[www.massvacation.com](http://www.massvacation.com)

(Call **1-800-227-6277** for a free Massachusetts vacation kit and calendar of events)

Greater Boston Convention & Visitors Bureau  
617-536-4100 or

**1-888-733-2678** (Multi-lingual staff  
and foreign language brochures available)

[www.bostonusa.com](http://www.bostonusa.com)

**Greater Boston Chamber of Commerce**

**617-227-4500**

[www.gbcc.org](http://www.gbcc.org)

Cape Cod Chamber of Commerce

**508-862-0700 or 1-888-332-2732**

[www.capecodchamber.org](http://www.capecodchamber.org)

**Nantucket Island Chamber of Commerce**

**508-228-1700**

[www.nantucketchamber.org](http://www.nantucketchamber.org)

Berkshire Visitors Bureau

**1-800-237-5747**

[www.berkshires.org](http://www.berkshires.org)

Additional information on Boston is available at the Greater Boston Convention and Visitors Bureau Park Street Tourist Information Office (617-536-4100), the National Park Services Building at the Old State House (617-242-5642) and the information booth near Faneuil Hall.

## Activities for Children:

For further information, visit [www.hsph.harvard.edu/studentaffairs/parents.htm](http://www.hsph.harvard.edu/studentaffairs/parents.htm)

Boston has many resources for children. Boston is home to many excellent museums that are interesting to children, including the New England Aquarium, the Science Museum, and the Children's Museum.

Taking your child to the Boston Common, Public Garden or the Arnold Arboretum is a great way to enjoy the outdoors together.

Another good place for kids is the Massachusetts Audubon Drumlin Farm in Lincoln (accessible by Commuter Rail--Lincoln Center Stop) which features many animals (domestic and wild) hayrides and other fun activities.

**The Boston Parents Paper also lists many other resources for entertaining children.**

## Free Museums

**The Museum of Fine Arts** (located in 465 Huntington Avenue) is free for HSPH students with a valid Harvard ID. It is important to mention that the zip code for the school is 02115 at the ticket counter. Youths 7-17 are admitted free on weekdays after 3 pm, weekends, and public school holidays. For further information please check: <http://www.mfa.org/index.asp>

**The Harvard Museum of Natural History** is located in the Harvard Square area (26 Oxford Street). It has one of the largest private collections of dinosaur fossils, stuffed animals (including whales, giraffes and lions), precious minerals and rare plants in New England. It is free for current I.D. holders and one guest. It is also free to Massachusetts residents every Sunday morning (year-round) from 9:00 am to noon and on Wednesdays from 3:00 to 5:00 pm (September through May). For further information please check: <http://www.hmnh.harvard.edu/>

## Theaters

There are many theaters in the Boston area; listed here are some of the better known.

Call for information on student discounts and ushering opportunities. Consult the Yellow Pages telephone book for information on more theaters.

**American Repertory Theater** (Loeb Drama Center, Harvard) (617) 547-8300

[www.amrep.org/](http://www.amrep.org/)

**Emerson Majestic Theatre**

(617) 824-8000; [www.maj.org](http://www.maj.org)

**Huntington Theater Company**

(Boston University Theater) (617) 266-0800;  
[www.huntingtontheatre.org/](http://www.huntingtontheatre.org/)

**C. Walsh Theater**

(Suffolk University) (617) 573-8680

[www.cas.suffolk.edu/theatre/](http://www.cas.suffolk.edu/theatre/)

**Wang Center for the Performing Arts** 617-482-9393; [www.wangcenter.org/boston](http://www.wangcenter.org/boston)

**Boston Opera House**

<http://www.bostonoperahouse.com/index.html>

539 Washington Street, Boston, MA

(617) 259-3400

## Walking Tours

Boston is one of the oldest and most historic cities in the United States, often called the Athens of America. An excellent way to discover its buildings and monuments (and get to know the city) is to take a Walking Tour.

Listed below are several self-guided tours that may be of interest to you as you start to explore Boston.

**The Freedom Trail:** The Freedom Trail is marked by a red line painted on the sidewalks of Boston which leads you on a tour of 21 historic sites that document Boston's history. The information booth located outside near the Park Street T offers trail guides and maps.

**The Black Heritage Trail:** This trail begins at the Museum of Afro-American History, 46 Joy Street. For further information or to receive a brochure, call (617) 725-0022.

**The Women's Heritage Trail:** Four different trails let you explore Boston while highlighting the achievements of historic and contemporary Boston women. For further information, call **(617) 522-2872**.

**The Medical History Trail:** The Massachusetts Public Health Association has published a booklet "Public Health Trails in Massachusetts: A History and Guide" which highlights places of public health interest throughout the city and follows along the Freedom Trail. Call **(617) 524-6696** for further information or to receive a booklet (there is an \$8.00 charge each for booklet).

**Tours of Harvard Campus in Cambridge:** One hour guided tours run at 10AM, 11:15AM, 2PM and 3:15PM Monday through Saturday. Meet at the Admissions Office, 8 Garden Street, in Cambridge. For more information call **(617) 495-1573**.

**Minuteman Bike Trail:** A paved 11-mile path through Bedford, Arlington, Lexington, and Cambridge. Open 5:00am–9:00pm, year-round. Bicycling, walking, jogging, in-line skating, cross-country skiing. No motorized vehicles allowed, except for powered wheelchairs.

<http://www.minutemanbikeway.org/Pages/basics.html>

## Outdoor Parks

Boston's "**Emerald Necklace**", the city's system of public parks, was designed in the 19th century by

Frederick Law Olmsted (who also designed Central Park in New York) and provides the city with the following beautiful park areas that are accessible by public transportation.

**The Fenway** (a 15 minute walk from the Medical Area) contains Victory Gardens (colorful individual plots tended by neighborhood residents) and a small formal Rose Garden.

**Boston Common** (Park Street T) is a large tract of land offering many shaded walkways that connect Beacon Hill, Back Bay, Downtown and the Theater district.

**The Public Garden** (Arlington T, across Charles Street from the Boston Common) is a formal garden complete with landscaped walkways, flower beds and a miniature lake with Swan Boats on which you can ride around the lake for a small fee.

**Christopher Columbus Park** (Aquarium T) is a wonderful place to relax next to the ocean.

**The Esplanade**, a public walkway that runs along the Charles River on the Boston side (Charles Street T) is excellent for jogging and biking. **The Hatch Shell** is also located on the Esplanade, and offers free concerts and movies during the summer.

**Arnold Arboretum (617) 524-1718; [www.arboretum.harvard.edu](http://www.arboretum.harvard.edu)** (Forest Hills T) is a 265 acre park used for research purposes that is also open to the public. It is administered by Harvard University and the Department of Parks. A wonderful place to go for walks and feel "away from the city", the Arboretum also offers many special programs.

### **Boston Parks: General Info**

**(617) 635-4505;** Information on locations, hours and scheduled events at parks in the Boston area.

**Metropolitan District Commission (MDC)(617) 727-5114; [www.state.ma.us/mdc.mdc-home.htm](http://www.state.ma.us/mdc.mdc-home.htm)**

Information on pools, beaches, skating and other outdoor activities in the Boston area including Hatch Shell events.

Franklin Park Zoo (entrance fee)

**(617) 541-5466; [www.zoonewengland.com](http://www.zoonewengland.com)**

**Harbor Island State Park** (Camping) **(617) 223-8666** Those of you who like to camp but don't own cars might try the Harbor Island State Park (open during July and August).

First call and request a camping permit be sent to your home. Then simply bring your permit and gear to Aquarium T stop where you will water taxi out to one of the nearby islands off Boston's coast. Call for details on the facilities on the different islands and boat departure times and charges.

### **Places to Explore (A Trip Across Boston from Park Street to the Longwood Campus)**

Boston offers rich and diverse neighborhoods, sights and attractions, but is small enough that you can easily explore it by foot. At the Park Street "T stop" you will find yourself in **Downtown Boston** (often called **Downtown Crossing**), where numerous department, clothing and discount stores, as well as the Financial District are located. South of the Downtown area lies **Chinatown** and the **Theatre District**. From Downtown, a walk North through the **Boston Common** brings you to **Beacon Hill**, a quaint, historic neighborhood with narrow brick streets and beautiful old homes. The **State House** with its golden dome is also located on Beacon Hill. **Charles Street** on Beacon Hill offers a variety of restaurants, antique and gift shops. The Charles Street T stop is the closest to the **Esplanade**, a shady place to stroll by the **Charles River**, and the site of the **Hatch Shell**, a setting for many free concerts and other events.

From Beacon Hill, an easy stroll to the East brings you to **Government Center**, a large open plaza where Boston's City Hall and other government buildings are located. East of Government Center are

**Faneuil** (pronounced Fan-u-ell) **Hall Marketplace** and **Quincy Market**. Faneuil Hall Marketplace offers a large concentration of cafes, tourist and specialty shops, including Quincy Market, a huge food emporium, offering countless food selections in a casual and spirited "fast food" atmosphere. Further east and beyond Quincy Market lies the **North End**, now primarily an Italian Neighborhood, but very old and historic and the site of the house of Paul Revere. A few blocks further east will bring you to the **Waterfront** and **Christopher Columbus Park**. Here you can relax and enjoy the harbor. One block away is Boston's famous **New England Aquarium**.

West of the Esplanade and Beacon Hill is the **Boston Public Garden** with its flowers, miniature lake and Swan Boats. Just west of the Public Garden you will find the famous **Newbury Street**, a thoroughfare lined with designer shops and restaurants and the place where Boston's glamorous residents gather to see and be seen. Walk up one block to **Copley Square** to see the **Boston Public Library** and the historic **Trinity Church**, the elegant **Copley Plaza**, **Westin Hotel** and **Copley Place**, an extravagant shopping mall complete with indoor waterfalls.

**South End:** Continuing south on Clarendon Street you will find yourself in the South End, a formerly run-down neighborhood currently undergoing renovation and gentrification. This area offers some fine restaurants and has become a popular place to live for young professionals and artists.

Heading west on **Huntington Avenue** you will come to the **Christian Science Center** with its beautiful reflecting pool, tree-lined sidewalks and Mapparium, which is a stained glass globe inside which you can stand, illustrating the countries of the World as they appeared in 1935. Further down Huntington Ave. is the **Fenway**, an outdoor park. On the north side of the Fenway is **Kenmore Square**, full of shops and fast food eateries and the hangout for many college students. It is also home to Fenway Park, the baseball stadium where the Boston Red Sox baseball team plays. The **Museum of Fine Arts** and the **Gardner Museum** are located on the south side of the Fenway. A few blocks away from the Gardner Museum is **Longwood Avenue**, the **Longwood Campus** and the **School of Public Health**, which together make up the **Longwood Medical Area**.

#### **Cruises:**

**Be sure to see Boston by sea! Also, take advantage of the fast ferry trips that can take you to places like Martha's Vineyard and Cape Cod.**

Cruises are a great way to enjoy Boston from the water. Harbor cruises, trips to nearby islands and whale watches leave from the dock at Aquarium T stop. All are reasonably priced. Full day cruises to Provincetown (at the end of Cape Cod) and Martha's Vineyard also leave from this dock.

#### **Bay State/Provincetown Cruises**

617-748-1428  
[www.boston-ptown.com](http://www.boston-ptown.com)

Boston Harbor Cruises

617-227-4321

[www.bostonharborcruises.com/](http://www.bostonharborcruises.com/)

New England Aquarium Whale Watch  
617-973-5277

<http://www.neaq.org/visit/wwatch/index.html>

#### **Boston Neighborhoods**

**Allston/Brighton** are two adjoining towns that border Brookline. Officially part of the city of Boston, Allston/Brighton are home to many students, young professionals, local businesses, and international residents. As a result of the high student and ethnic population, Allston/Brighton is a very good place for nightlife and foods from around the world.

**Chinatown** is a small community bordered by downtown Boston and the Theatre District. Here you will find some of the least expensive and highest quality Chinese and Vietnamese restaurants, as well as Chinese grocery stores (many offer a selection of Chinese dishes and kitchenwares), bakeries,

and shops specializing in fabrics, Chinese clothing, and gift items. A neighborhood rich in sights, this area is easily reached by public transportation.

**The North End** is a largely Italian neighborhood and a wonderful place to enjoy Italian dining. As you walk its narrow streets and enjoy its old brick buildings, you will discover a variety of shops offering fresh meats and vegetables as well as antique shops and 2nd hand stores.

Every Saturday, the **Haymarket** becomes an outdoor food market offering produce, meat, breads, cheese and pizza at low prices. Haymarket is open from sunrise to 5:00 or 6:00 pm. The North End and the Haymarket can both be reached by public transportation.

**Brookline** is a separate town surrounded by the city of Boston. It has its own administrative structures, school board, town services, etc. Two parts of Brookline that are very accessible to the School of Public Health are Brookline Village and Coolidge Corner.

**Brookline Village** is currently undergoing a revival. There are many interesting restaurants and an assortment of shops. Brookline Village is accessible by public transportation, (Brookline Village T), bus (Routes 60, 65 and 66), or a two mile walk from HSPH.

**Coolidge Corner** has a wide range of restaurants and a variety of shops selling shoes, clothing, books and gift ware. There is a Trader Joe's grocery store, bagel shops and Kosher butchers and groceries. There is also a movie theater which shows old movie classics and foreign films. It is a bustling area accessible by public transportation and is about two miles from HSPH.

**Jamaica Plain** or "JP" as locals call it, is a neighborhood located less than two miles from HSPH. Many students choose to live in JP because of its proximity to the school and because there are some affordable housing options to be found. JP is a very diverse neighborhood with a strong community focus and its own co-op. Seasonal events include the lantern festival in the fall and the wake the earth celebration in the spring. Jamaica Pond, JP Licks (ice cream) and Bukhara are some of our favorite places in JP. The 39 Bus and the Orange line are two great ways to get to HSPH.